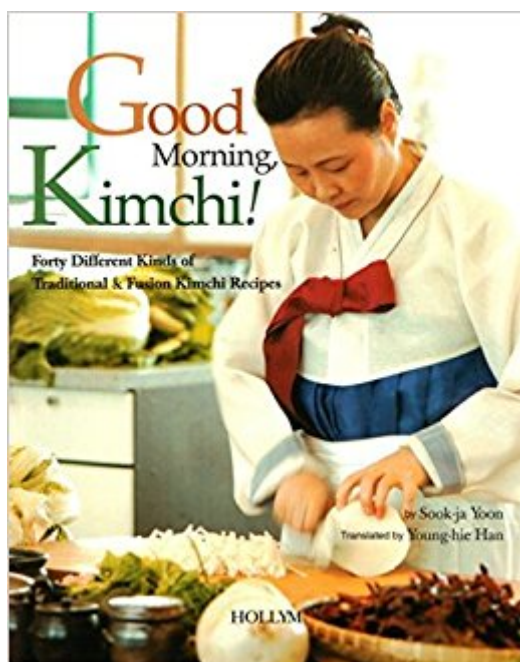




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Good Morning, Kimchi!: Forty Different Kinds Of Traditional & Fusion Kimchi Recipes



Synopsis

In part one of Good Morning, Kimchi, readers are taken on an odyssey through the pickled vegetable's theory and history, the science of the dish, along with its many different tastes, the ingredients and utensils needed to make it, and the customs associated with kimchi itself. In part two, facts concerning the reality of making kimchi are introduced before 20 types of traditional kimchi, all using Korean ingredients, are explained, and then 20 different types of fusion kimchi that blend ingredients from around the world with this distinctly Korean staple.

Book Information

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Customer Reviews

This book is excellent. I have been searching for a book that gives the specifics of kimchi in addition to specific various traditional recipes and contemporary options. She gives visual, picture by picture instructions and nutrient details. The author has a PhD in nutrition and is an educator. I am very impressed.

I love this book but one word of warning some areas of the book could have been better written. Example several recipes say "pickle lightly" for an explanation you have to go back to the start of the book but no reference is listed. That said if you have some Kimchi making knowledge this book can take you to the next level.

Good book that gives good insight about Kimchi.

I love Kimchi, I want to learn some fusion Kimchi and traditional kimchi properly, its perfect book for that. I would recomend for Kimchi lovers.

I like the cookbook. I'm from the USA and am not familiar with metric measurements. Spent some time looking up measurement exchanges but it would've been better for me, if recipes were translated into US measurements for the US market.

Very pleased with the book, very imformative and many great sounding recipes. Anyone into probiotics will love the variety this book gives. Yes a worth while purchase.

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